ALICE IN THE CROSSCURRENTS

ALICE 2024



WORKING HARD, NOT GETTING BY

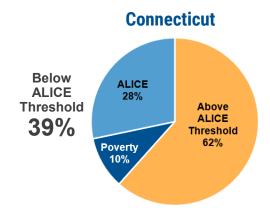
Asset Limited, Income Constrained, Employed

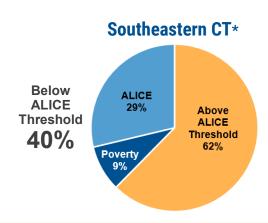
Households that earn above the Federal Poverty Level but cannot afford the basic cost of living.

We lean on ALICE for support: yet many ALICE households are one emergency away from a financial crisis, impacting their ability to feed their families, heat their homes, maintaining their housing, and ensure the medical care.

Key Findings

- Financial hardship of Connecticut households continues to grow.
- The problem: a mismatch between wages and the costs of basics.
- · Racial and gender disparities persist.
- The rising costs of household essentials is putting financial stability further out of reach.





2022 Point-In-Time Data | New London County

Population: 280,403 Number of Households: 115,607

Median Household Income: \$80,330 (CT: \$88,429)
Labor Force Participation Rate: 63% (CT: 66%)

Note: 2024 ALICE Report is based on 2022 data

^{*} Data region is now defined as SCCOG regional planning area (added Windham, removed Lyme, Old Lyme, Voluntown)

**Not all numbers add up to 100% due to rounding to whole numbers



Southeastern Connecticut

Who is ALICE?

Household	Federal Poverty Level	ALICE Threshold (2022)
Single Adult	\$8/hr \$15,000	\$16.30/hr \$32,604
Single Parent + 1 Childcare	\$10/hr \$21,000	\$29/hr \$58,008
2 Adults + 2 Childcare	\$16/hr \$31,000	\$47.96/hr \$95,916

+13%

ALICE
Essentials
Index
(2022-2024)

Projected (2024)	
\$18/hr \$36,843	
\$33/hr \$65,549	
\$54/hr \$108,385	



Household Survival Budget 2022

Southeastern	СТ

Monthly Costs	Single Adult	Single Parent, 1 Childcare	2 Adults, 2 Childcare
Housing	\$713	\$778	\$1,008
Utilities	\$163	\$258	\$310
Childcare	\$0	\$833	\$1,771
Food	\$516	\$784	\$1,404
Transportation	\$424	\$558	\$1,074
Health Care	\$195	\$430	\$693
Technology	\$86	\$86	\$116
Miscellaneous	\$210	\$373	\$638
Taxes Payments	\$410	\$951	\$1,412
Tax Credits	\$0	(\$217)	(\$433)
Monthly Total	\$2,717	\$4,834	\$7,993
ANNUAL TOTAL	\$32,604	\$58,008	\$95,916
Hourly Wage*	\$16.30	\$29.00	\$47.96

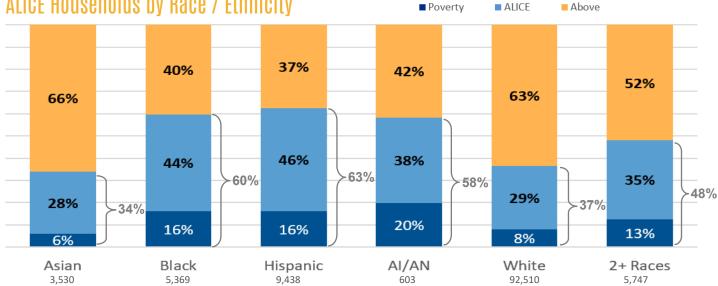
Financial Hardship by Household Type and Age

Group	ALICE
Single or Cohabitating (no children)	38%
Married (w/ children)	12%
Single-Female-Headed (w/ children)	78%
Single-Male-Headed (w/ children)	55%

Age	ALICE
Under 25	80%
25 to 44 Years Old	34%
45 to 64 Years Old	34%
65 Years Old and Over	45%



ALICE Households by Race / Ethnicity

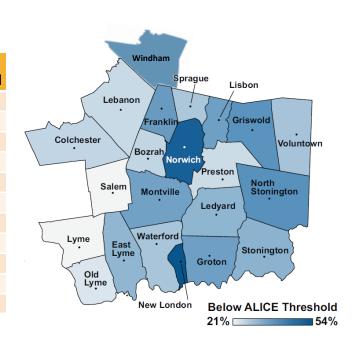




ALICE is Your Neighbor

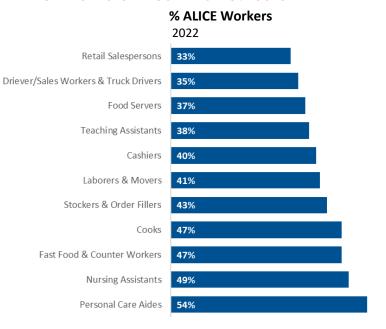
Towns	ALICE Threshold
Bozrah	26%
Colchester	26%
East Lyme	31%
Franklin	36%
Griswold	38%
Groton	35%
Lebanon	25%
Ledyard	31%
Lyme	21%
Lisbon	36%
Montville	35%

Towns	ALICE Threshold
New London	54%
No. Stonington	39%
Norwich	51%
Old Lyme	23%
Preston	24%
Salem	21%
Sprague	28%
Stonington	32%
Voluntown	28%
Waterford	28%
Windham	58%





ALICE Workers in Common Careers



Change in median wage (2019-2022)

120/

45%

36%

18%

29%

19%

18%

8%

50% of the top 20 jobs in CT are still paid less than \$20/hour

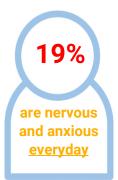
Facing Impossible Choices Everyday



Only 29% for households above ALICE threshold



Only 33% of households above ALICE threshold have no savings



Only 10% of households above ALICE threshold



say it's difficult to afford basics

Join Us in Supporting ALICE Households

United Way of Southeastern Connecticut is deeply committed to supporting the diverse needs of ALICE households struggling to meet basic needs. Join us in supporting all our community together.





uwsect.org

